

# EMOTIONAL ABUSE HELP

## YAHWEH SAYS:

- Emotional abuse carries over from pain dealt with in various areas—from past, present, and other dealings that are given with casual meetings.
- Those in pain have a hard way of feeling that they have a rightful place to leave the abuser, and they feel guilty if they want out of a relationship.
- Walls are placed within, so they can handle the pain of being hurt over and over again.
- The wounded person will not have a chance to validate how they really feel, and they feel that they would have a chance to be happy if they start pretending to be someone else and not really share their hearts. So, the best options they deal with are (a) to hide inside or (b) get out of the relationship.

## YAHWEH SAYS:

1. Focus on you.
  - a. Write Letters: This is very important to start the healing to all the pain you deal with. This will probably take a minimum of a month or more, with writing all of the letters.
2. Take some time apart from the relationship.
  - a. Do not force anyone to join up with you.
  - b. Give that person space; then, after you write your letters, share a new letter with that person from God's perspective.
3. When you say hurtful things based on pain:
  - a. Write that person a letter or talk with them.
  - b. Write out a list of all of the painful things you have done or said to that person, and then apologize.

## THE POINT OF SIX MONTHS

- Six months is the minimum time needed to come to clearer thinking and decision-making that is not based solely on emotion.
- You will be more stable to make accurate plans, which would help you take the best course of action for each situation.
- If there is pain from abandonment: that needs to be dealt with. You have to get to that place within where you have forgiven every person who has abandoned you. The abandonment feeling makes you have a deep fear that everyone who comes into your heart will someday give you the deepest pain and never return. What God wants is for your heart to have a deep healing and get to that place within where you know that all humans can hurt each other, but despite that human flaw, you are willing to allow someone into your soul as your soulmate.
- Trust must lead in your relationships. After abandonment issues have been dealt with, God can allow the opportunity for your heart to get closer to others.
- When a person has hurt you, your heart—it gathers all of the pain that has been bottled up, and that pain is unleashed upon the most recent pain causer. And that person may not know why you feel such anger when all of that anger should not be solely directed towards that one person.
- Let God reveal your true nature in the spirit, where God looks at you and shows what is causing the pain. When God brings up painful stuff from the past, you must have a plan to come and seek out God's will in what you must do to be set free.

### **YAHWEH SAYS:**

I am never going to leave you. When you write or when you hear Me within, please know that I can see it—that you will be set free from all of the pain. Power—I have lots of power, but you are not obligated to follow what We bring you. There is free will. You get to decide what plan you're going to take. I will place options into your path. Please see it: you are the weighing gauge in how I will come and intervene, for I cannot force you. You have to willingly wait for Me and take My instructions even when it seems really hard. I will

work with you. I love you. There was never a mistake in calling you into the world to be birthed.

- Soul ties have to be broken from all of the persons that you have joined with in the spirit realm. All that you have ever connected with—all have to be broken off from the spirit portion that no one has a way to clearly see. You have to know King Jesus as your personal Lord and Master and truly come under covenant in relationship with Him. If you ever plan to truly see, you must be born again. And with the person who is in King Jesus, there is no harm done within when there is a refreshing time of reconnecting with Him.
- Doorways have to be sealed in the name of King Jesus, with His blood. Doorways will be opened in the spirit realm that can give another spirit other than God's Spirit a way to greatly influence your way of thinking and decision-making. Not only are your personal emotions involved, now, with the pain, but a demon may enter your personal space and will torment or greatly influence your natural and spiritual details. When there is a painful situation, you have to find God by praying (journaling, writing, waiting on Him, etc.) to reveal the pain that you deal with. You cannot hide it from God either way, but the benefit will be to keep your heart pliable in His hands and to give you a way to be closer to Him. Doorways need to be closed if you want to be permanently set free from a demon influencing you. First: Get healed. Second: Have a demon deliverance. Third: Close all of the open doorways and clean up your private house, car, and other personal places by removing these details that are causing occultic manifestations to come forth. This is a plan that can be done within just minutes, or it can take years. The process is based on how the person wants to work with God by letting God lead within.